# metro

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Wednesday, September 6, 2017 metro.us | t: MetroPhilly | f: MetroPhilly

## LEGEND HAS IT

John Legend tried, failed to dump Chrissy Teigan. 12

Make over your home office for fall. 17

Week 1 NFL Power Rankings inside. 18


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# DACA DEFIANCE

Philly advocates have plans to turn one local area into a 'community resistance zone' to combat immigration enforcement. 4

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**LENYON WHITAKER, MULTIMEDIA EDITOR**

A recently leaked Apple document could help you out the next time you damage your new iPhone. The "Visual/Mechanical Inspection Guide" is a set of specific instructions that iPhone technicians use to help determine if you're eligible for a free repair or replacement. Check it out at **metro.us/lifestyle.**

## TRUMP ENDS 'DREAMER' IMMIGRATION PROGRAM

1 President Donald Trump scrapped an Obama-era program that protects from deportation immigrants brought illegally into the United States as children, delaying implementation until March and giving a gridlocked Congress six months to decide the fate of almost 800,000 young people. As the so-called Dreamers who have benefited from the five-year-old program were plunged into uncertainty, business and religious leaders, mayors, governors, Democratic lawmakers, unions, civil liberties advocates and former President Barack Obama all condemned Trump's move. The action was announced not by Trump but by Jeff Sessions, his attorney general, who called the Deferred Action for Childhood Arrivals program an unconstitutional overreach by Obama.

*For more, see page 4*

## IRMA BARRELS TOWARD THE CARIBBEAN

2 Highly dangerous Category 5 Hurricane Irma rolled toward the Caribbean and southern United States, packing winds of 185 miles per hour on Tuesday, even as Texas and Louisiana still reeled from devastating Hurricane Harvey. Irma's eye was forecast to cross the northern Leeward Islands, east of Puerto Rico, on Tuesday night or early Wednesday, and hurricane warnings were in place from there to the British and U.S. Virgin Islands and Puerto Rico, the U.S. National Hurricane Center (NHC) said in a statement. The NHC called Irma a "potentially catastrophic" Category 5 hurricane and tweeted that it was "the strongest hurricane in the Atlantic [Ocean] outside the Caribbean Sea and Gulf of Mexico in NHC records." Category 5 is the highest NHC designation.

## REPORT: RED SOX STOLE SIGNS FROM YANKEES USING APPLE WATCH

3 A report released by Michael S. Schmidt of the New York Times on Tuesday revealed that the Boston Red Sox used an Apple Watch to steal signs from the New York Yankees during the 2017 regular season: "Investigators for Major League Baseball have determined that the Boston Red Sox, who are in first place in the American League East and likely headed to the playoffs, executed a scheme to illicitly steal hand signals from opponents' catchers in games against the second-place Yankees and other teams, according to several people briefed on the matter." The "scheme" was noticed by the Yankees, a few weeks ago when they noticed a member of Boston's training staff looking at his Apple Watch in the Red Sox dugout and then giving players information.

5 THINGS YOU NEED TO KNOW

## SUB OWNER: JOURNALIST KILLED BY HATCH COVER

4 Swedish journalist Kim Wall died when she was accidentally hit by a heavy hatch cover onboard a homemade submarine, the Danish owner of the vessel testified in court on Tuesday. Peter Madsen, who denies killing Wall, said he was holding the hatch for her but it slipped and hit her head as they sailed in the strait between Denmark and Sweden last month on the UC3 Nautilus submarine he had built. Madsen, 46, was speaking in court after being charged with killing the Swedish journalist on the submarine and mutilating her body — a case bearing many of the attributes of the region's popular Nordic Noir books and films. It could mean a sentence of five years to life in prison for Madsen, if found guilty. The court on Tuesday ordered a psychiatric evaluation and that Madsen be kept in custody for four weeks.

## FACEBOOK'S NEXT STEP TO MONETIZE WHATSAPP

5 Facebook Inc. is gearing up to make money from WhatsApp, the messaging service used by more than a billion people every day, the Wall Street Journal reported on Tuesday. WhatsApp will be testing new features to make it easier for people to communicate with businesses they want to reach on WhatsApp, the messaging service said on a blog post. "We're building and testing new tools via a free WhatsApp Business app for small companies and an enterprise solution for bigger companies operating at a large scale with a global base of customers, like airlines, e-commerce sites, and banks," according to the blog post. WhatsApp has already started a pilot program that would feature a green badge next to a business contact, indicating that the business was verified by the messaging service.

## POLL

**61%**

According to Gallup, 61 percent of adults say they approve of labor unions. This is the highest approval rating unions have had since 2003 when approval was at 65 percent.

Source: Gallup

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# Philly immigrants call for 'resistance zones' as Trump announces DACA end

South Philadelphia is the planned location of a so-called "community resistance zone" against new immigration enforcement.

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sam.newhouse@metro.us

Outrage over President Donald Trump's decision to end the DACA program for undocumented immigrants brought into the US as children is spurring immigrant advocates in Philadelphia to call for "resistance zones," starting in South Philadelphia.

"The Community Resistance Zones is a plan to teach every person in a neighborhood how to defend themselves and their neighbors during a Trump administration through door knocking, information sharing, know-your-rights training for both ICE and/or police abuse," said organizers from Juntos, a Latino community organization. "Our first Community Resistance Zone will be in South Philadelphia to train every one of our neighbors how to resist criminalization from our homes and community."

More than 7,000 people in Pennsylvania applied for the Obama-era DACA (Deferred Action for Childhood Arrivals) program, 5,000 of those from Philly, while an estimated 21,000 are eligible across the state.

"Once again, this president has confirmed that he is a coward by attacking the Dreamers who are solid contributors to our country," City Councilmember Maria Quinones-Sanchez said in a statement. "This short-sighted decision is particularly disappointing given that until now, even many of the most conservative lawmakers have recognized that DACA is a necessity until we muster the political will to address comprehensive immigration reform."

DACA, however, is reviled by Trump-aligned conservatives.

Robert Law, director of government relations at the D.C.-based Federation for American Immigration Reform (FAIR), said the estimated 800,000 immigrants affected by the program were only granted "temporary status by a rogue president," referring to Obama. (FAIR is listed on the Southern Poverty Law Center's controversial "hate group map.")

"President Trump has made a very smart move here," Law said. "By ending DACA, which is unconstitutional, and phasing it out over the next two years, he's given them time to get their affairs in order and leave quietly. This is not about rounding up people."

But for immigrant activists, the end of DACA means fears of being removed from their homes and communities where immigrant children have lived their entire lives.

> *"Once again, this president has confirmed that he is a coward by attacking the Dreamers who are solid contributors to our country."*
>
> Maria Quinones-Sanchez

"Trump has increased the arsenal of white supremacy by unleashing an unaccountable terror machine against immigrants," said Erika Almiron, executive director of Juntos. "ICE [Immigrations and Customs Enforcement] has essentially snatched people outside their front doors, chased them down in their cars and disappeared them from outside of our courtrooms in ways that can only be likened to the Gestapo."

Maria Quinones-Sanchez has disagreed with Trump's stance on DACA. FACEBOOK

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# THE NEW CHESTNUT STREET PROTECTED BIKE LANE: A BEGINNER'S MANUAL

New 11-block bike lane on Chestnut Street in West Philly will improve safety for drivers and pedestrians, according to Metro's bike columnist.

RANDY LOBASSO
*Analysis*

Last week, the city of Philadelphia opened a new parking-protected bike lane along the north side of Chestnut Street in West Philadelphia. It's 11 blocks long and is part of a much larger goal the city has for safer streets and zero traffic deaths — including 30 miles of protected bike lanes.

For those confused by the new infrastructure, I've put together this explainer to hopefully answer your questions.

***What's the point of a protected bike lane?***

Protected bike lanes have been proven to make streets safer for everyone — especially motor vehicle users and pedestrians. Traffic is calmed on the street, leading to fewer crashes and fewer *deadly* crashes. Top to bottom, Chestnut is one of the most dangerous streets in all of Center City, Philadelphia, according to a 2015 Streets Department study. Seventy-five percent of the crashes on Chestnut have historically occurred between 34th and 45th streets.

***I heard the project took six years. That can't be right.***

It's true! Philadelphia lawmakers cynically gave themselves executive powers over bike lanes back in 2012, meaning any councilmember can veto any bike lane that eliminates a lane of traffic or parking, for any reason, at any time.

Members of the city, the community, neighborhood organizations, the Bicycle Coalition of Greater Philadelphia and others spent six years attending community meetings, discussing the pros and cons of a protected bike lane on Chestnut Street and eventually getting Councilwoman Jannie Blackwell on board. Though skeptical at first, Councilwoman Blackwell told City Council she approved of the new lane. "They beat me down," Blackwell said as she introduced an ordinance creating the bike lane. "My community, Bike Coalition, everybody — so we're happy to support it."

***Didn't the councilwoman deem the lane temporary?***

Sort of. In May, she introduced the necessary ordinance to construct a permanent protected bike lane on Chestnut Street. But at the news conference last week to introduce the bike lane, she said she's gotten a lot of complaints and would rather the lane be temporary — which came as a surprise to everyone, considering, again, she wrote the ordinance that made the lane permanent.

***So, is it temporary or permanent?***

Permanent. There's always a transition period when new infrastructure is installed on a city street — whether it be a bike lane, a parking space or a stop sign.

***What's up with the transition at 34th Street?***

Unfortunately, the protected north-side lane ends at 34th Street, and an existing unprotected bike lane on Chestnut Street begins – on the south side of the street. The lane between 34th and 22nd will eventually be moved to the north side but is contingent on the completion of a multiyear PennDOT project on the Chestnut Street Bridge. Cyclists are asked, via a sign, to dismount and cross the street on foot.

Nevertheless, the new bike lane is a step in the right direction for Philadelphia. It's time Philadelphia drags itself into the 20th century and creates more safe lanes like that on Chestnut Street.

Riders use the protected Chestnut Street bike lane. BICYCLE COALITION OF GREATER PHILADELPHIA

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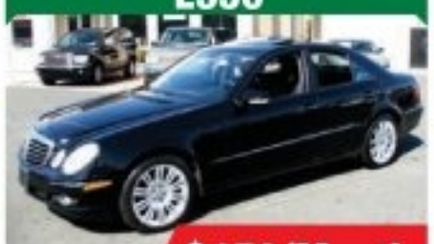
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# MAGA shirt-wearing suspect charged with pepper-spraying transgender woman at march

The assault reportedly occurred the night before a Stand Against Hate rally.

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sam.newhouse@metro.us

A trans woman at a South Jersey "Stand Against Hate" rally went on to participate in the march Monday, despite having been pepper-sprayed by a man wearing a shirt printed with alt-right imagery the night before.

Morris May, 22, of Scotch Plains, New Jersey, was charged by Asbury Park police with aggravated assault and unlawful possession of a weapon after pepper-spraying Allison Kolarik, a trans woman and march volunteer, while she was making signs for the event, NBC10 reported.

Morris May posted this picture of himself wearing the same shirt he was wearing when he was arrested. PROVIDED

Police said May and a man identified as his brother approached Kolarik and other volunteers and engaged in a verbal argument, allegedly yelling at volunteers, before May allegedly pepper-sprayed her.

May had previously posted a picture of himself wearing the same shirt he was wearing at the time, which reads, "For those about to MAGA, we salute you," and bearing an image of Pepe the Frog, which has been adopted as a symbol of the alt-right.

He told the Asbury Park Press he "did not attend that meeting to start any trouble.

"I did not go there intending to inflict harm on anyone. I acted only in self-defense," he said.

A woman was given a DUI in connection with a South Ringgold Street crash. FLICKR

## DUI charges for woman who plowed into eight at Labor Day block party

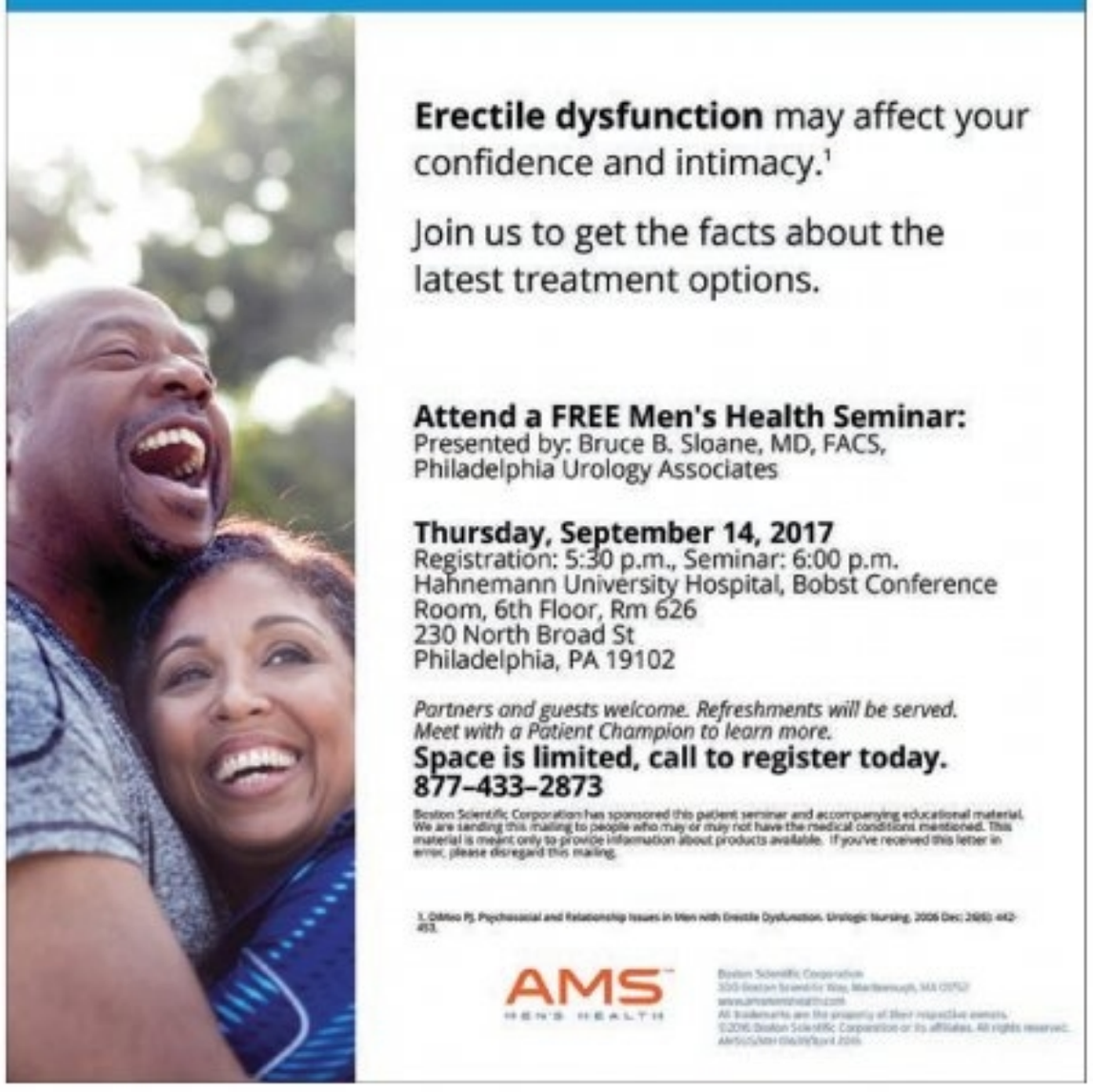
A woman is facing DUI charges after running her car into a Point Breeze block party on Monday, striking eight people.

It was around 4 p.m. at the Labor Day celebration that attendees were stunned to see the car running directly into the crowd. The motorist, whose name has remained private, told police she was attempting to move her vehicle around the group of partygoers when suddenly the brakes failed on South Ringgold Street where she plowed into chairs, a tent and pedestrians.

None of the injuries were life-threatening, but victims were taken to area hospitals for evaluation after suffering bruises, bumps and pain. Especially troubling were reports that one of the victims is in the late stages of a pregnancy.

"It was horrifying," said party attendee Kamilah Muhammad to CBS3. "Very horrifying. Everybody was screaming and hollering and crying."

The driver stayed on the scene of the accident and was in police custody as of Monday night. AMY RUSSO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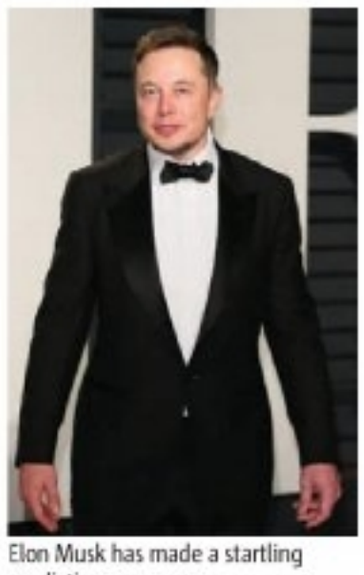
# This will start WWIII, not Trump or North Korea, according to Elon Musk

Providing a dose of dystopia over Labor Day weekend, Tesla founder and CEO Elon Musk repeatedly tweeted about his concerns that North Korea won't start World War III — artificial intelligence will.

Musk has frequently warned about the dangers of AI, calling for it to be regulated just as weaponry would. Following last week's news about North Korea's unexpected escalation of its nuclear program, on Monday Musk tweeted that the rogue nation "should be low on our list of concerns for civilizational existential risk. NK has no entangling alliances that wd polarize world into war."

Who does? Musk linked to an article that quoted Russian President Vladimir Putin as saying, "Artificial intelligence is the future, not only for Russia, but for all humankind…



Elon Musk has made a startling prediction. GETTY IMAGES

Whoever becomes the leader in this sphere will become the ruler of the world."

Musk commented, "It begins."

Although an AI expert and author of the book "What to Do When Machines Do Everything" says that there are "three horses in this race" — the U.S., China and India — and Musk clearly fears other nations will jockey for dominance. "Competition for AI superiority at national level most likely cause of WW3 [sic] imo," he tweeted.

In another tweet, Musk speculated that an AI system could choose to start a war "if it decides that a prepemptive [sic] strike is most probable path to victory."

Musk has openly expressed anxiety about the future of artificial intelligence before, and he has started two AI-related ventures: OpenAI, a nonprofit research company, and Neuralink, a startup aimed at connecting the human brain with computers.

"I was trying to really sound the alarm on the AI front for quite a while, but it was clearly having no impact," he said in an April interview near the launch of Neuralink. "So I was like, 'Oh fine, OK, then we'll have to try to help develop it in a way that's good.'" MICHAEL MARTIN

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# Clinton slams Sanders, supporters for 'lasting damage' in new book

In "What Happened," she takes Bernie and his bros to task for her defeat.

MICHAEL MARTIN
@MetroPhilly
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Hillary Clinton feels your pain.

If you're bitter at Bernie Sanders and his supporters for hurting her chances in the 2016 election, that is.

In the new Hillary Clinton book, "What Happened," due to be released on Sept. 12, the thwarted presidential candidate swats Sanders for his attacks on her during the Democratic primary, claiming that he caused "lasting damage" and inspired "Trump's 'Crooked Hillary' campaign."

According to excerpts from the book posted on Twitter by a group of Hillary supporters, Clinton expresses frustration about Sanders' unrealistic promises, and the political advice she received to hold back from defending herself against his attacks.

"Throughout the primaries, every time I wanted to hit back against Bernie's attacks, I was told to restrain myself," she writes. "Noting that his plans didn't add up, that they would inevitably result in raising taxes against middle-class families, or that they were little more than a pipe dream — all of this could be used to reinforce his argument that I wasn't a true progressive. My team kept reminding me that we didn't want to alienate Bernie's supporters. President Obama urged me to grit my teeth and lay off Bernie as much as I could. I felt like I was in a straitjacket."

The often-derogatory "Bernie bro" movement did not escape her notice. "Some of his supporters, the so-called Bernie Bros, took to harassing my supporters online. It got ugly and more than a little sexist," she writes.

The excerpts, posted by pro-Hillary Twitter and Facebook accounts, show Clinton with the gloves off. "When I finally challenged Bernie during a debate to name a single time I changed a position or a vote because of a financial contribution, he couldn't come up with anything," writes Clinton. "Nonetheless, his attacks caused lasting damage, making it harder to unify progressives in the general election and paving the way for Trump's 'Crooked Hillary' campaign."

Hillary Clinton sheds light on her opinion of Sen. Bernie Sanders in her new book. GETTY IMAGES

The blunt snippets stand in direct contrast to a candidate who always came off as measured and careful — too much so, some said. "She says a lot in this book, and some of it is going to surprise people. People should buy it, read it, and consider what she constructively lays out. It's a great read," an unnamed Clinton aide told CNN.

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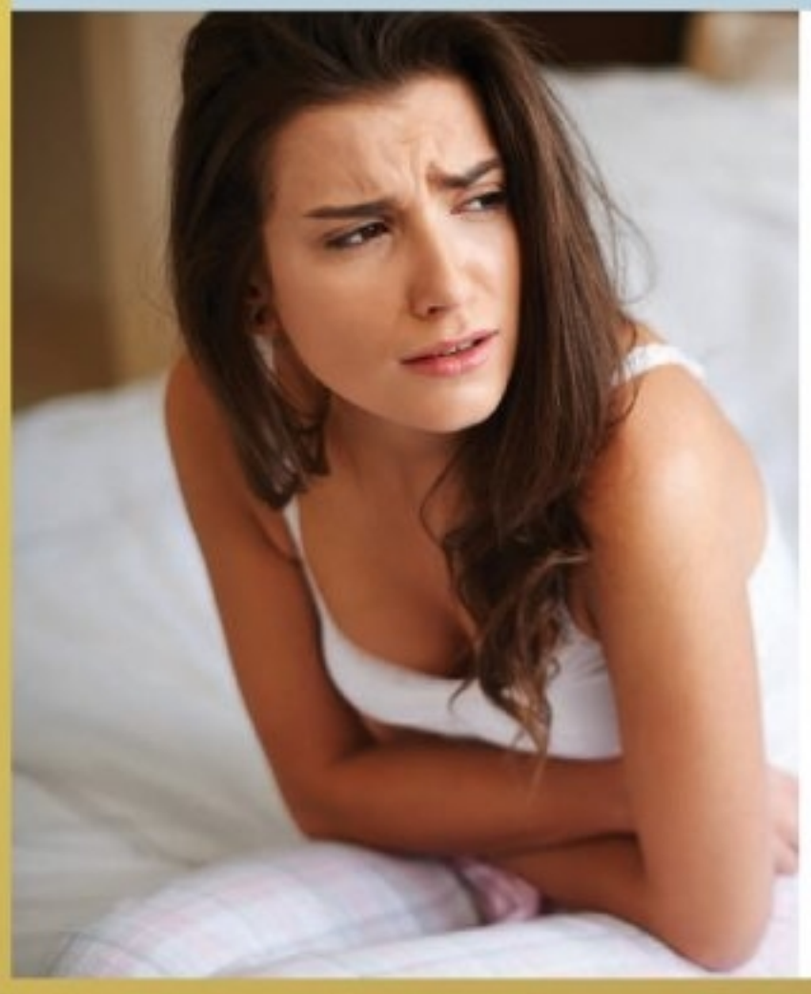

Endometriosis is one of the most common gynecological diseases affecting predominantly women in their reproductive years

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For more information please contact Eileen at 484-380-4861 or eileen.davies@ctcphiladelphia.com

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# US to unveil self-driving car guidelines: Sources

An Uber self-driving car in San Francisco. GETTY IMAGES

President Donald Trump's administration is set to unveil revised self-driving vehicle guidelines next week in Michigan, responding to automakers' calls for eliminating legal barriers to putting such vehicles on the road, sources said on Tuesday.

U.S. Transportation Secretary Elaine Chao was expected to unveil the revised guidelines next Tuesday at a self-driving vehicle testing facility in Ann Arbor, Michigan, four people briefed on the matter said.

A spokesman for Chao did not immediately comment. The White House Office of Management and Budget approved the undisclosed Transportation Department changes to the guidelines on Aug. 31, according a posting on a government website.

On Wednesday, the U.S. House of Representatives will vote on a sweeping proposal to speed deployment of self-driving cars without human controls and bar states from blocking autonomous vehicles. The measure could help many automakers and tech companies keep their pledges of getting self-driving cars on the market by 2020 or 2021.

The House will vote on the bill under fast-track rules that allow no amendments.

The bill, passed unanimously by a House panel in July, would allow automakers to obtain exemptions to deploy up to 25,000 vehicles without meeting existing safety standards in the first year.

The House measure would require automakers to provide regulators with safety assessment reports proposed in the 2016 self-driving guidelines, but would not require pre-market approval of advanced vehicle technologies.

Companies including GM, Ford, Uber, Tesla Inc. and others are aggressively pursuing automated vehicle technologies.

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Well played, bb.
ALL PHOTOS GETTY IMAGES

# Meghan Markle earned a Vanity Fair cover

Listen, I like Meghan Markle. But I'd like to remind you that if she weren't dating Prince Harry, she'd just be a regular ol' actress with a role on a USA network show. Regular ol' actresses on the USA network don't get Vanity Fair covers — but Meghan Markle has. And the "Suits" actress is conveniently opening up about her *true love* with Prince Harry.

"I can tell you that at the end of the day, I think it's really simple," she says. "We're two people who are really happy and in love.

"I'm sure there will be a time when we will have to come forward and present ourselves and have stories to tell," she continues. "But I hope what people will understand is that this is our time. This is for us. It's part of what makes it so special, that it's just ours." Aw. If I wasn't dead inside, that would touch my heart parts.

# the word

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# John Legend tried, failed to dump Chrissy Teigen

Allow me to explain: In an interview with The Guardian, the paper notes that Legend and Teigen — who married in 2013 — have been together for 10 years. Except for one time for a whole half-hour. "I was really stressed and busy," he says. "I was just like: 'I'd just be happier single right now,' and she was like: 'No.'" LOL, Classic Teigs.

Teigen confirmed as much via Twitter, saying "It wasn't a typical break up. He was on tour and his voice hurt and he was being a whiny face about everything and so yeah, I was like 'no.'" Atta girl.

So yeah, these two are still my faves. Ugh.

It obviously didn't go as planned.

# The Kardashians are still shunning Caitlyn Jenner

Remember when Caitlyn Jenner wrote that hot mess memoir "The Secrets of My Life?" You know, the one where she described her sex life with Kris, even though nobody asked? Well, the Kardashians are still mad about it — so much so that they basically don't talk to Jenner anymore.

The former Olympian opened up about her fractured relationship in an interview with "Good Morning Britain" — to that over-the-top aspiring-Voldemort type, Piers Morgan.

"Since the book came out, I've never talked to Kris again. Kim, I haven't talked to in six, nine months, whatever it is.

"I love Kim. She's a great person," she continued. "It's a big loss in my life, not having her there anymore."

Jenner is still in touch with daughters Kendall — the Pepsi one — and Kylie — the one with the wigs.

Girl, I guess.

Well, Caitlyn. You dug your own grave, filled with maybe lies and support of Trump, so. Lie in it, or whatever.

# Katy & Orlando went paddleboarding again

A year and change since that time Orlando Bloom and his exposed dick went paddle boarding with Katy Perry, the two have found romance on the water again. Only this time, Bloom managed to keep his junk in his swim trunks.

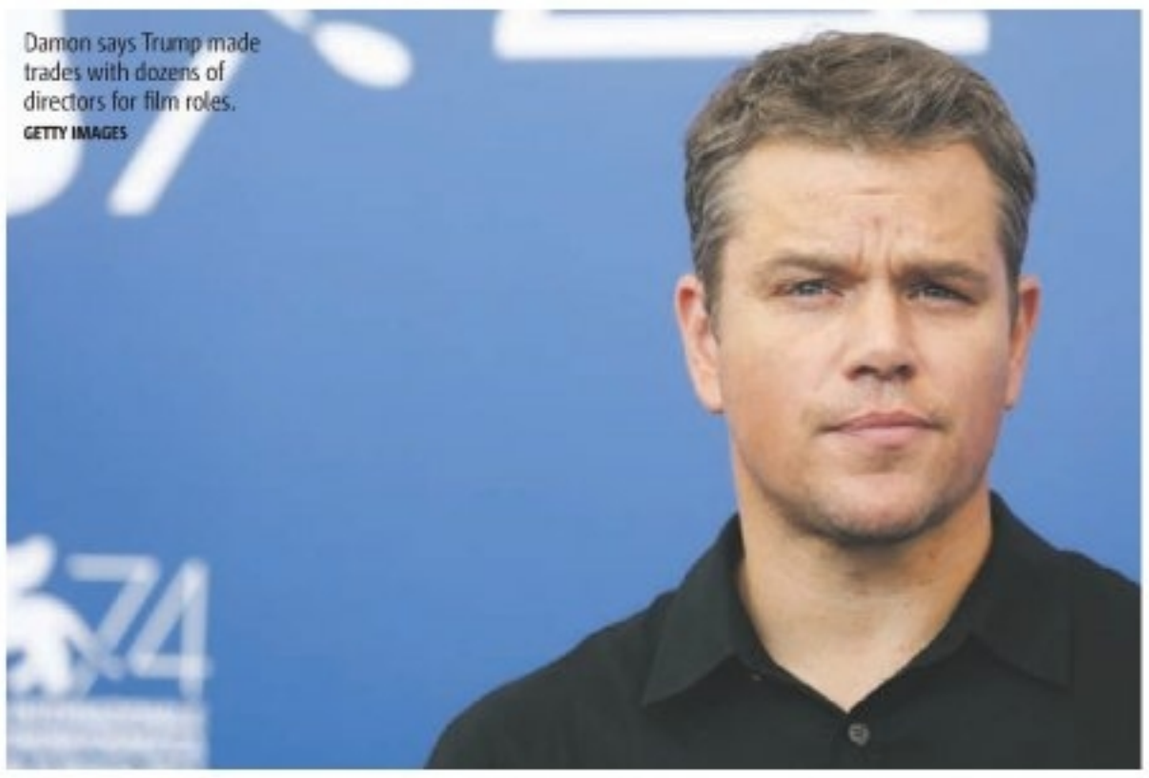
Over Labor Day weekend, the extra exes were spotted partaking in the water sport on a beach in Cali, and are maybe back together, per a source at E! News. In August, the 32-year-old ratchet pop star and 40-year-old man-elf were seen canoodling at an Ed Sheeran concert. (Man, their dates are such snoozes!)

Thankfully, Orlando kept his junk in his trunks.

Perry is being vague about whether they are a thing again or not. A couple weeks back, during an interview at Sirius XM's "The Morning Mashup," the "Swish Swish" singer talked around the issue, making noncommittal statements like, "It's nice to keep people you love around you," and "When you get older, lines get blurred."

Bloom and Perry first broke up/decided to take "respectful, loving space from each other" back in February, after dating seven months. Getting back together is kinda lame, but hey, it's basically cuffing season, so we can't blame 'em.

KATE MOONEY



Damon says Trump made trades with dozens of directors for film roles.
GETTY IMAGES

# Matt Damon reveals how Trump landed so many movie cameos

The president allegedly went to ridiculous lengths for screen time.

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Before he became the leader of the free world, President Trump used to pass his time dabbling in his various business ventures and trying to score a Donald Trump cameo wherever he could on television and in film.

He was rather successful at the latter, too, appearing in the likes of "Home Alone 2: Lost in New York," "The Fresh Prince of Bel Air," "Zoolander" and "Two Weeks Notice," but never managed to become a bona-fide Hollywood leading man.

Trump used to tell directors who wanted to shoot in his buildings that they had to write him a small part before he gave them the OK to film.

The extent of how far Trump would go to get on screen was revealed by Matt Damon in an interview with The Hollywood Reporter. Damon recalled a story from director Martin Brest about how Trump interfered on the production for "Scent of a Woman."

"The deal was that if you wanted to shoot in one of his buildings, you had to write him a part," Damon told the publication. "Martin Brest had to write something in 'Scent of a Woman' — and the whole crew was in on it. You have to waste an hour of your day with a bulls—t shot: Donald Trump walks in and Al Pacino's like, 'Hello, Mr. Trump!' — you had to call him by name — and then he exits."

Damon insisted that the whole exercise was completely futile, though, because most directors would simply decide to cut the obnoxious cameo out of the film in the editing suite.

"You waste a little time so that you can get the permit, and then you can cut the scene out," Damon told THR, before referencing arguably the most famous Trump cameo: "But I guess in 'Home Alone 2,' they left it in."

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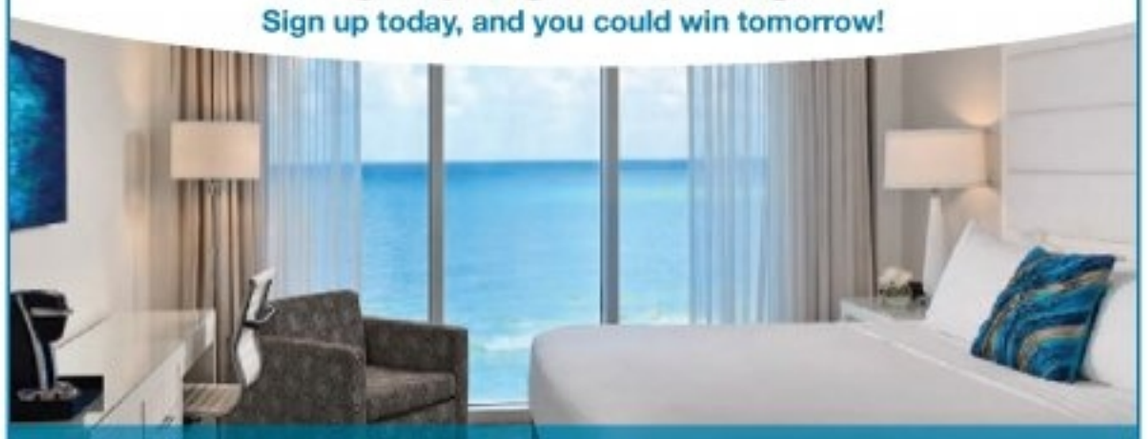

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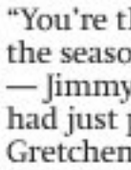
# Aya Cash: You can't live in this world and not suffer from anxiety

In Season 4 of "You're the Worst," Gretchen (Aya Cash) is spiraling after Jimmy ghosted her in the season 3 finale. AUTUMN DE WILDE/FX

The "You're the Worst" actress talks how she stays sane — and how Gretchen doesn't in season four of the FXX comedy.



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Where we last left off in "You're the Worst" — the season three finale — Jimmy (Chris Geere) had just proposed to Gretchen (Aya Cash) and then impulsively driven away, abandoning her on a mountain in L.A. The new season, out today, is all about the eccentric and destructive ways our favorite trash people on TV are (separately) coping with the trauma of the breakup.

Jimmy has moved to a trailer park for retirees, passing the time drinking whiskey and binge watching "The Fall Guy" with a geriatric misanthrope after his own heart. Gretchen now lives with Lindsey — who miraculously sort of has her shit together, with a job she loves and a friends-with-benefits sitch with Edgar — literally hasn't left the apartment in three months and has also casually started smoking crack.

Ahead of the season-four premiere, we caught up with Aya Cash — who, unlike Gretchen, is very much not a mess

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— to talk about how she's staying sane under Trump, her upcoming film at TIFF and her song of the summer.

**The season three finale was pretty traumatic. Have you ever had something awful like that happen to you?**
No, not in that way. But who hasn't been lied to and cheated on? I've been in a relationship with the same person since I was a baby [actor Josh Alexander], so that's probably helped me avoid those situations.

**Do you relate to Gretchen's struggles with anxiety and depression?**
I don't know how you can live in this world and not suffer at least a little bit from anxiety and depression.

**How are you staying sane under Trump?**
I'm not? [Laughs] I'm off Twitter, which helps, because at least the news cycle is a little less immediate. It's been helpful to me to not be engaged in the minute-to-minute news.

**Do you find Instagram calmer?**
Yeah. Is Trump on Instagram? [Laughs] Oh God, what a nightmare. You know we'd see some dick pics eventually. I have compulsive behaviors with it too, it just hasn't gotten to the extent that I should quit.

**You're starring in a film at TIFF, "Mary Goes Round."**
It's a microbudget indie with a first-time filmmaker [Molly McGlynn]. I read the script and Skyped with the director and fell madly in love with her. It's about a woman who is an alcoholic and an addiction counselor. Her life is falling apart when she receives a message from her estranged father to come home and help with her sister who she's never met, because he's dying. It's a coming-home story and an addiction story and it's a really beautiful little movie.

**Most important, can we talk about your dog?**
Yes! I'll talk about my dog all day. Her name is Lucy Tami Cash. Tami is for Tami Taylor on "Friday Night Lights." We also call her Goose. She's a 22-pound terrier mix rescue and she's the love of my life. She's doing the entire "Hamilton" mixtape choreographed dance, one by one on Instagram.

**Any music you've been into lately?**
Every summer I get obsessed with one mildly offensive pop song. This summer it was "I Spy" by Kyle. It's pretty bad. At one point they say, "All my bitches come in pairs like balls in my nutsack." So, you know, really, really classy shit.

**Speaking of classy shit, is Gretchen getting a tramp stamp?**
No! People saw that on Instagram and kept asking. I have one and have to get tattoo coverup every time we film a sex scene because I don't have permission by the artist — because I was 18, and don't know who did it — to show it. It's of a giant hawk. My name supposedly means "hawk," but it also may mean "ouch," so it works either way. That's my 18-year-old me in the '90s tattoo.

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# What's buzzing at the 2017 Philadelphia Honey Festival

The annual event is now in its eighth year.

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Could your September use a little sweetness? Ease into the post-summer grind with the 2017 Philadelphia Honey Festival, taking place on Thursday, Sept. 7, Saturday, Sept. 9 and Sunday, Sept. 10 at three different historic sites: Glen Foerd on the Delaware, Wyck Historic House and Bartram's Garden.

Organized by the Philadelphia Beekeepers Guild, the mission of the Philadelphia Honey Festival is to educate the community about the importance of honey bees to our environment, food supply and economy in addition to encouraging urban beekeeping and gardening.

Here's some of the programming you can expect on each day:

The Philadelphia Honey Festival has programming for the whole family. PROVIDED

**Glen Foerd on the Delaware**
*Thursday, Sept. 7*
*5 p.m. to 9 p.m.*
*Grant Ave. & Milner St.*
Get a "buzz" going at a honey-themed happy hour featuring mead and honey beer sampling. Take part in the monthly Philadelphia Beekeepers Guild meeting which will feature John Cambridge PhD MPH from the Philadelphia Insectarium as the keynote speaker.

**Wyck Historic House, Garden and Farm**
*Saturday, Sept. 9*
*10 a.m. to 4 p.m.*
*6026 Germantown Ave.*
Kick off your Saturday with a full day of events for the whole family. Highlights include a mead contest, children's activities throughout the day, a marketplace featuring local vendors and a presentation on Pest Management from Dion Lerman, an environmental health programs specialist from Penn State.

**Bartram's Garden**
*Sunday, Sept. 10*
*10 a.m. to 4 p.m.*
*54th St. & Lindbergh Blvd.*
On the final day of the festival, head out to the beautiful Bartram's Garden for another full day of "sweet" activities. Enjoy a children's carnival, a presentation by the Philadelphia Insectarium, Children's Bee Parade, native plants sale, a marketplace with local crafts, beer and specialty cocktails provided by Parks on Tap Jr. and a presentation by Sam Torres from Key-Stone Colonies discussing beekeeping.

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For more information on what's buzzing at The 2017 Philadelphia Honey Festival, visit: phillyhoneyfest.com.

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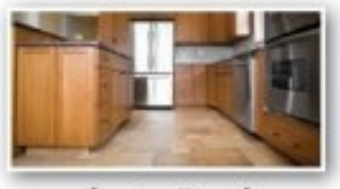

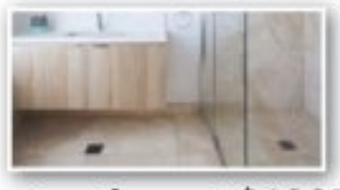

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# Make over your home office for fall

Tips from the author of "Unf*ck Your Habitat" on how to refresh your home workspace.

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Whether you work from home or often bring work home with you, persuading yourself to be productive in the place where you live is always challenging. There are so many distractions and comfortable places to lounge, like, your bed, that it's a wonder we ever get anything done. Now that summer is petering out, we all tell ourselves we're going to buckle down. But if you're filled with dread every time you glance over at your messy desk, you'll likely head straight to the couch and queue up the Netflix instead.

The trick is, well, learning to trick yourself into doing the work by making your home office a place that you don't hate being. Rachel Hoffman, the author of "Unf*ck Your Habitat," tells us her hacks for making your home workspace positive and clutter-free.

## Personalize it

"Make it a space where you don't feel like you're being put in time-out," advises Hoffman. She suggests incorporating things that you enjoy, from framed photos to inspirational mood boards.

Or, literally bring life into your work area by

Surround yourself with inspiration.

adding plants to your desk or your office. "If I put plants in a room, I have to eventually go water them," she says.

It's important to make yourself comfortable enough that you don't automatically retreat to your bed: "If you're going to invest in one thing, get yourself a good chair so you can do your work and not want to escape," she suggests.

Remember that your workspace doesn't have to look a certain way to be effective. If you do your best work sitting on the couch using a laptop, why not bring a couch into your office?

## Cover up your cords

If you have cords running everywhere, your work area will look chaotic, and you'll feel chaotic, too. Investing in cable management, using wraps and covers to conceal all those pesky wires and chargers, will make a big difference in helping you declutter.

## Find the storage system that works for you

"People often force themselves to change their organizational style to fit the system they think they should be using," Hoffman says. Instead, figure out how you organize and then come up with a system that works for you.

Not everybody files papers; Hoffman says she prefers to stack them. She fills labeled boxes with tidy stacks of papers and instead using her filing cabinet to store bulky objects, such as her printer.

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# NFL power rankings | by Luke Miller

No. 1

## Patriots
## 14-2 (in 2016)

If a 28-3 deficit in the Super Bowl couldn't knock the Patriots out of this spot, losing Julian Edelman to injury isn't going to do it. All they did this off-season is bring in Brandin Cooks and Stephen Gilmore fresh off a Pro Bowl season.

No. 2

## Falcons
## 11-5

The Falcons, already stocked with a dynamic offense that returns Julio Jones, Devonta Freeman and others, probably brought in enough on the defensive side off-set Jalen Collins continued problems. The Super Bowl hangover is the last enemy that shall be conquered.

No. 3

## Raiders
## 12-4

Robbed of the opportunity to see what could have been in the short term for the 2017 playoffs, the Raiders wasted no time securing Derek Carr for the long term, briefly making him the highest paid player in the NFL (before Matthew Stafford's recent extension) while they were at it.

No. 4

## Chiefs
## 12-4

Adding Patrick Mahomes shouldn't impact the 2017 season if all goes according to plan in Kansas City, but it certainly locks down the trajectory of the franchise going forward. Of course, spending a first round pick on Mahomes ... that may impact it greatly.

No. 5

## Steelers
## 11-5

The Steelers secondary got better as the year went on last season, but you wouldn't know it from the way they jumped at a newly unemployed Joe Haden. While they continue to add pieces on defense (T.J. Watt) it's the statuses of Martavis Bryant and Le'veon Bell that has dominated this summer.

No. 6

## Packers
## 10-6

Most of the off-season talk, due to fantasy influences, resides around Ty Montgomery and Jamaal Williams battling for carries and the arrival of Martellus Bennett. But make no mistake, as it has in recent seasons, this team will go as far as Aaron Rodgers can carry it but the defense will be what decides just how far that is.

No. 7

## Giants
## 11-5

The rich get richer when it comes to the passing game in New York. Adding Brandon Marshall and Evan Engram to Odell Beckham Jr. and Sterling Shepard was giving Eli Manning the kind of weapons treatment usually reserved for young gunslingers like Carson Wentz and Jameis Winston.

No. 8

## Seahawks
## 10-5-1

A few years removed from their Super Bowls, Seattle remains much the same though the situation around them has changed. Their triumph came after a few seasons of competition with another team that looked ready to compete for a decade: the 49ers. And then they fought off the talented Cardinals.

No. 9

## Buccaneers
## 9-7

There's now a scary amount of pass catching talent in Tampa. Mike Evans, the most-uncoverable man in football, gets joined by Desean Jackson, the fastest, and O.J. Howard and Chris Godwin arrive in the draft. They also poached one of the more famous roster cuts — former Broncos safety T.J. Ward.

No. 10

## Cowboys
## 13-3

The final say on Ezekiel Elliott's suspension may change this ranking some. But to be honest, the decay is more influenced by disruption in the secondary (one that was a disrespected cause for the Cowboys success in 2016) and along the offensive line that has been Dallas' calling card for a few seasons now.

## Best of the rest

11 — Washington (8-7-1)
12 — Titans (9-7)
13 — Texans (9-7)
14 — Lions (9-7)
**15 — Eagles (7-9)**
16 — Saints (9-7)
17 — Dolphins (10-6)
18 — Panthers (6-10)
19 — Broncos (9-7)
20 — Vikings (8-8)
21 — Cardinals (7-8-1)
22 — Chargers (5-11)
23 — Bengals (6-9-1)
24 — Ravens (8-8)
25 — Colts (8-8)

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# What to know before Flyers' rookie camp

The Flyers have the top farm system in all of hockey, according to ESPN.

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When Ron Hextall took over as Flyers general manager in 2014, his focus was on overhauling a farm system that was severely devoid of talent. He reversed a team philosophy of trading draft picks for veterans and instead began to invest in acquiring draft picks through dealing older players and patiently developing younger ones.

In just three years, Hextall, and the organization, are seeing the fruits of their labor. Last month ESPN ranked the Flyers farm system as the best in the league.

It's already produced budding stars such as Shayne Gostisbehere, Ivan Provorov and Travis Konecney. More are loudly knocking on the door.

Many of the current prospects responsible for giving the Flyers such lofty status will be in attendance at rookie camp, which begins this Friday. If there ever was a time to pay attention to the five-day event, which concludes with a game against the Islanders rookies next Wednesday at the Wells Fargo Center, it's this year.

The days of not recognizing the names on the invite list are history. The roster for this season is overloaded with well-known and publicized players who are either expected to make the Flyers opening night lineup this season or join the team at some point in the next couple of months or years.

Need a guide on players to keep an eye on? It's a long, long, list. Regardless, let's try and summarize which players bear the most attention.

## Ready for prime time

By now, you've probably heard of the guys closest to graduating to the NHL. Nolan Patrick, taken with the No. 2 pick in last year's draft, leads the crop of possibly five players who are penciled in to join the Flyers. Joining Patrick are likely forwards Oskar Lindblom and Mike Vecchioine and defensemen Sam Morin and Robert Haag.

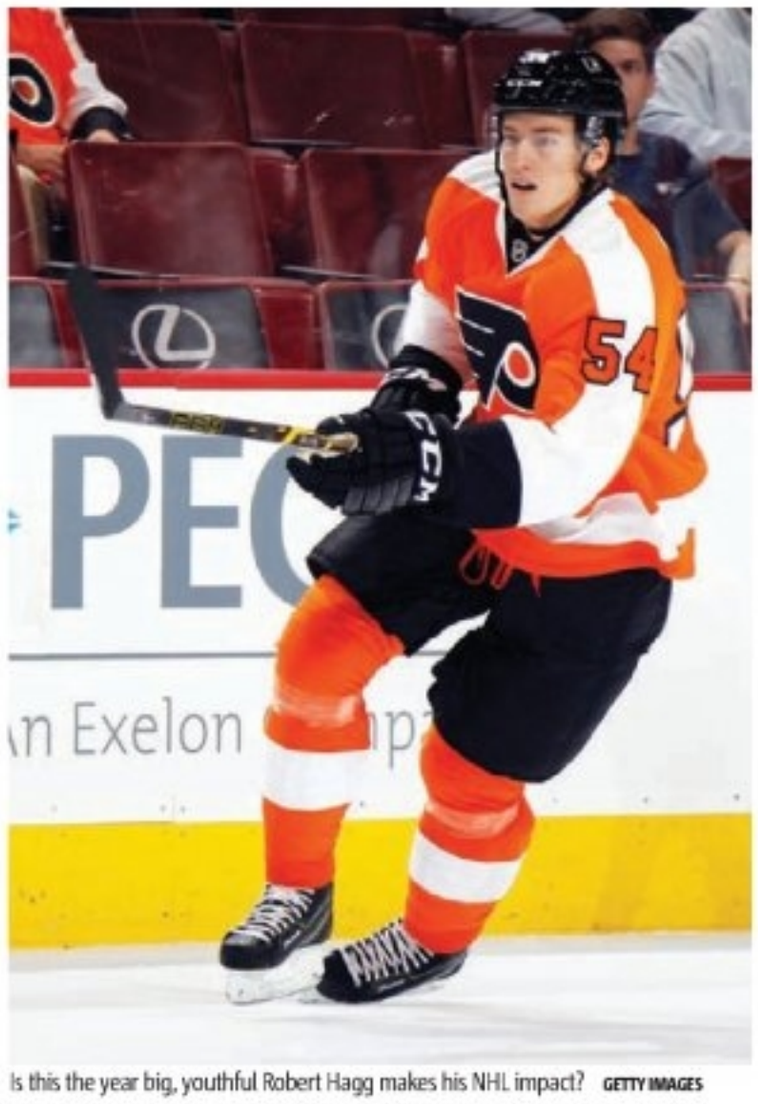
## On the cusp

If defenseman Travis Sanheim fails to make the Flyers this month, he will be the first player summoned from the Phantoms to fill in for an injury. Phillipe Myers, a towering 6-foot-7 defenseman, will be the second. Both could end up as mainstays before the season ends.

## A year or two away

German Rubtsov is quickly climbing the depth chart. Taken 22nd overall in the 2016 draft, he is a longshot to make the Flyers this year but could climb to On the Cusp status next fall. Goalie Carter Hart is at least two years away, but the two-time top goaltender of the Western Hockey League is emerging as the team's No. 1 goalie of the future.

While they might not fit into one of the three categories mentioned above, make sure to circle jersey numbers for forwards Pascal Laberge, Nicolas Aube-Kubel, Morgan Frost and Isaac Ratcliffe and goalie Alex Lyon.



Is this the year big, youthful Robert Hagg makes his NHL impact? GETTY IMAGES

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15 Column type
16 Where India is
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19 Volcano fissure
20 Bless
22 Rock band crew member
24 Item in a poker pot
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26 Has one's say
29 Influences
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37 Conger
38 Fish basket
39 Set up
40 "The Facts of Life" star
41 Swindle
42 Quiz-show host
44 Digestive aid
47 Bakery items
48 Contends
49 Female principle
50 Overseas
53 Soothed
58 Farm implement
59 "-- vincit amor"
61 -- of honor
62 Alleviate
63 Printers' options
64 Kuwaiti leader
65 Upstream spawner
66 Pays, as the bill
67 Not hidden

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2 Region
3 Knitter's supply
4 Deli worker's job
5 It follows Orion
6 Idle away time
7 Warhol or Rooney
8 Caesar's 1002
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10 Maraud
11 Secondhand
12 1960s fashion
13 Satisfy fully
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23 Lout
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28 Bay
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31 Endeavored
32 Profoundly wise persons
34 Urges along
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38 Withdrew from an undertaking (2 wds.)
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43 Threatens
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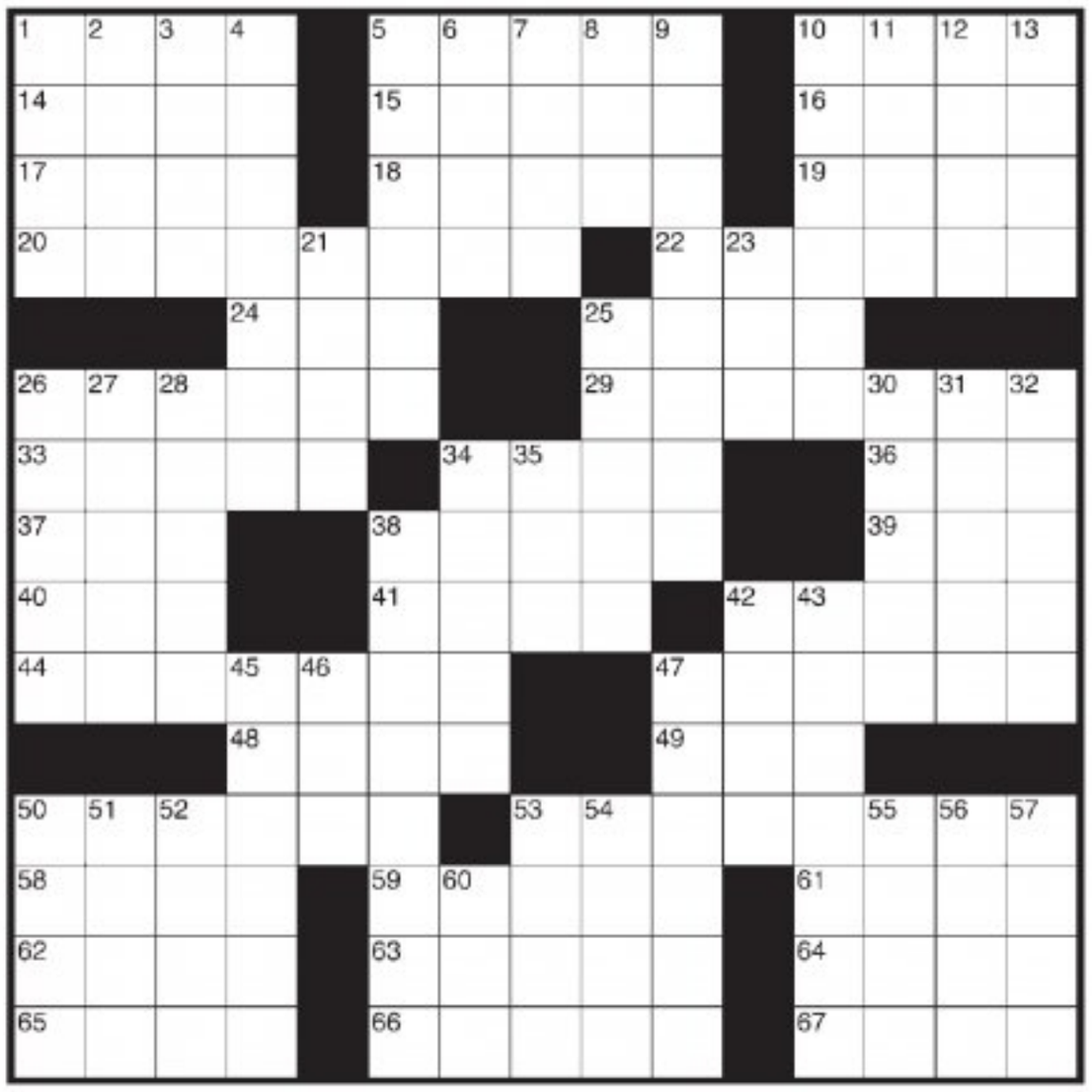

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| | | | | | | | 8 | 6 |
| | 9 | 1 | | | | | 7 | |
| | 8 | 7 | | 1 | 3 | | | |
| 4 | | | 2 | 5 | 9 | | | 8 |
| | | | 8 | 4 | | 6 | 5 | |
| | 3 | | | | | 5 | 6 | |
| 7 | 1 | | | | | | | |
| | | | 9 | 8 | 6 | | 3 | |

**hard**

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | 7 | | | | | | 6 |
| 5 | 6 | | | 9 | | | 8 | |
| 9 | 4 | | 1 | | | 2 | 7 | |
| | | | 2 | | | 7 | 6 | |
| | 9 | | | | | | 4 | |
| | 3 | 4 | | | 9 | | | |
| | 7 | 9 | | | 1 | | 5 | 8 |
| | 5 | | | 8 | | | 1 | 7 |
| 6 | | | | | | 3 | | |

# metro.us/horoscopes

**Aries** Be careful not to put blame on the wrong person. You are best off watching what happens before you act. High-pressure tactics will backfire.

**Taurus** Learn from your mistakes and don't rely on someone else to take care of your responsibilities. Work diligently toward your goal, and don't stop until you are satisfied.

**Gemini** Partnership problems will develop if honesty is not maintained. Communication will help clear up any uncertainty that you or someone else is feeling.

**Cancer** A unique approach to an old idea will motivate you. If you believe in what you are doing, you'll gain the support you require to finish what you start.

**Leo** Don't miss an opportunity due to your responsibilities. Find alternatives that will allow you to follow your dreams and not fall short on your commitments.

**Virgo** Changes at home will add to your comfort and encourage better relationships with the people you live with. Getting along and pitching in will bring good results.

**Libra** Get everything in place before you share your plans. Someone you live with or deal with regularly will interfere if you are too open about the changes you want to make.

**Scorpio** Creative endeavors or networking with people who could help you get ahead will bring results. Participation is key to understanding and gathering information.

**Sagittarius** An emotional situation will leave you speechless if you aren't diplomatic when discussing personal matters with your peers, friends or relatives. Stick to the facts.

**Capricorn** If you let your imagination run wild, you will come up with all sorts of interesting ideas and plans that can help you get ahead. Look for new ways to use your talents.

**Aquarius** Try hard to satisfy all the demands placed on you so that you'll make a greater impact when you lay out plans and ask for backup. Celebrate with someone you love.

**Pisces** Speak up, but be fair. You'll be contradicted if you don't stick to the facts and give an honest assessment of a situation that involves you. Keep an open mind. EUGENIA LAST

**Yesterday's answers**

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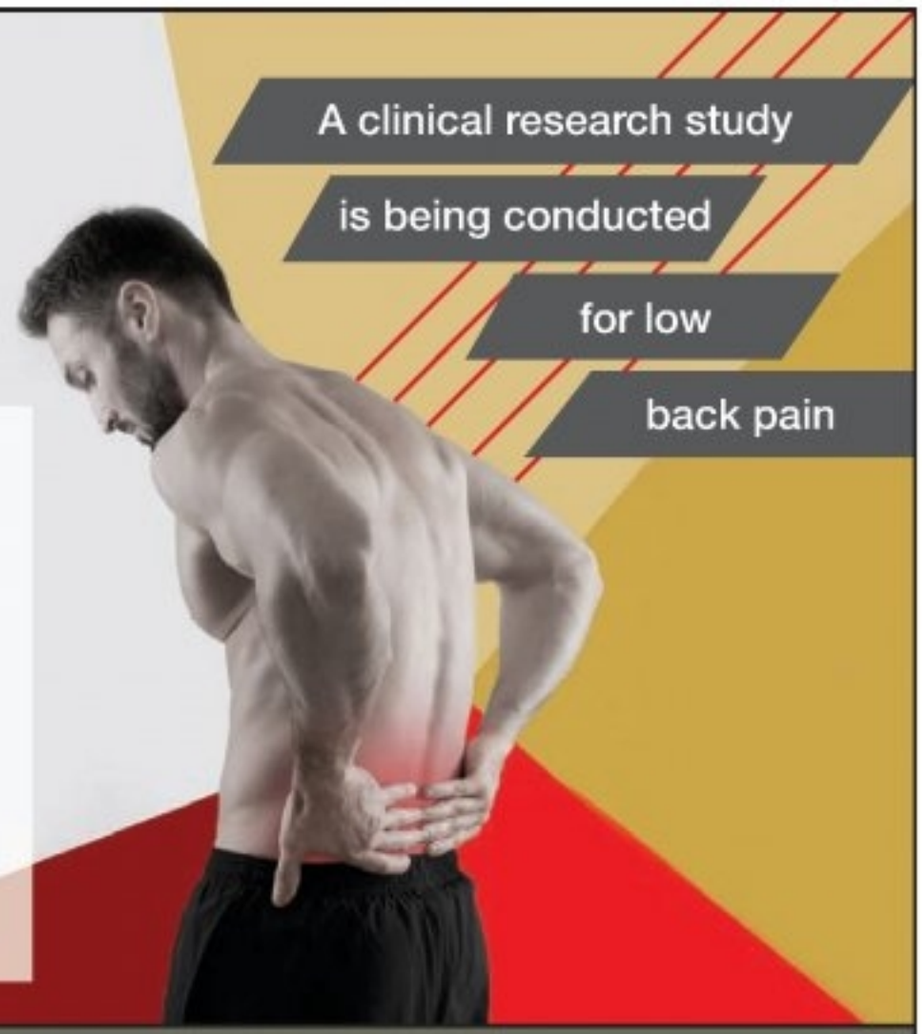
*Do you have*

# CHRONIC LOW BACK PAIN, AND ARE YOU ON HIGH DOSES OF OPIOIDS?




**QUALIFIED VOLUNTEERS MUST:**

- Be 18+ years old
- **CURRENTLY BE TAKING HIGH DOSES OF AN OPIOID FOR LOW BACK PAIN**
- Have a 3+ months of diagnosis of low back pain

**QUALIFIED PARTICIPANTS MAY RECEIVE:**

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Insurance is not required to participate in our study, and all study-related care and study medications are provided at no charge.
Transportation and compensation up to $7,500 for time and travel may be available.

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**For more information, call toll-free 866-264-4545 or visit HRITrials.com**

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**Qualified participants must:**

- Be at least 18 years of age
- Currently experience symptoms of Schizophrenia

**Qualified participants receive:**

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- Total compensation ranging from $1,000 to $6,000 for time and travel

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